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Online Addiction (Digital Issues)



Synopsis

Reliance on digital technology becomes a problem when a pleasurable, relatively harmless and even beneficial activity turns into an addictive behavior. The scope of this growing problem, the causes, the consequences, and efforts to address it are discussed.

Book Information

Series: Digital Issues

Hardcover: 80 pages

Publisher: Referencepoint Press (August 1, 2016)

Language: English

ISBN-10: 1601529848

ISBN-13: 978-1601529848

Product Dimensions: 6.6 x 0.4 x 9.3 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

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